

NARAYANA COLLEGE OF NURSING



CHINTHAREDDYPALEM, NELLORE - 524 002.

HEALTH RECORD FOR NURSING STUDENTS

Name Deethi Thomas age 19 Sex Female

Marital status Single OBS status _____ Menstrual History _____

Batch No. B-Batch Date of joining 8/03/2021 Date of relieving _____

Address pallippadam (H) mallussery

Vattaparambu (p.o)

Hostler / Out Scholar Hostler Height 153 cm Weight 55 kg

Vaccination status: chicken pox (5/04/2021)

1st dose covishield - 12/8/2021

1st dose covishield - 21/10/2021

Dr. Bethany
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Date of Medical Examinations :

	I Year	II Year	III Year	IV Year
Physical Examination				
Urine analysis				
Alb				
Sugar				
Deposit				
Motion for ova cyst				
Blood : TC				
DC				
ESR				
Hb%				
Eye checkup				
Dental Checkup				
Vital Signs				

Temp: 98.6°F
Pulse: 72 beats/min
Respiration: 20 breaths/min
BP: 120/80 mm Hg

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
I Year	Date of Menstruation				7/04/2021	2/5/2021	10/6/2021	18/7/2021	12/8/2021	23/9/2021	5/10/2021	12/11/2021	15/12/2021
	Weight				55kg	55kg	55kg	55kg	55kg	55kg	55kg	55kg	55kg
II Year	Date of Menstruation	21/1/2022	12/2/2022	16/3/2022	20/4/2022	24/5/2022	29/6/2022	23/7/2022	17/8/2022	23/9/2022	10/10/2022	15/11/2022	6/12/2022
	Weight	49kg	49kg	49kg	49kg	49kg	49kg	49kg	49kg	48kg	48kg	47kg	46kg
III Year	Date of Menstruation <small>9th and 10th days</small>	7/1/2023	12/2/2023	8/3/2023	16/4/2023	22/5/2023	15/6/2023	10/7/2023	18/8/2023	16/9/2023			
	Weight	46	45	44	44	47	47	47	48	48			
IV Year	Date of Menstruation												
	Weight												

Dr. Babbar

Principal

NARAYANA COLLEGE OF NURSING

Chinthareddypalem,

NELLORE - 524 003.

NARAYANA COLLEGE OF NURSING



CHINTHAREDDYPALEM, NELLORE - 524 002.

HEALTH RECORD FOR NURSING STUDENTS

Name Christeena Baiju age 18 Sex Female

Marital status Single OBS status _____ Menstrual History Regular

Batch No. B Date of joining 3/02/2021 Date of relieving _____

Address Champakulam (H) Market road, Changanacherry
(P.O), Kottayam, Kerala.

Hostler / Out Scholar Hostler Height 172cm Weight 54

Vaccination status : chickenpox vaccination

5/4/2021

Covid shield 1st dose - 12/08/2021 / 2nd dose - 21/10/2021

Date of Medical Examinations :

	I Year	II Year	III Year	IV Year
Physical Examination				
Urine analysis				
Alb				
Sugar				
Deposit				
Motion for ova				
cyst				
Blood : TC				
DC				
ESR				
Hb%				
Eye checkup				
Dental Checkup				
Vital Signs	Temp-97.6 ^o pulse-72 beats/ min respira-22 breaths/ min B.P-110/70 mmHg			

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
I Year	Date of Menstruation				16/4/2022	25/5/2022	14/6/2022	3/7/2022	11/8/2022	14/9/2022	9/10/2022	5/11/2022	10/12/2022
	Weight				54	52	54	54	53	53	53	55	55
II Year	Date of Menstruation	14/1/2022	19/2/2022	23/3/2022	5/4/2022	7/5/2022	10/6/2022	14/7/2022	17/8/2022	10/9/2022	8/10/2022	6/11/2022	6/12/2022
	Weight	56	56	56	57	55	56	56	56	60	61	58	57
III Year	Date of Menstruation (end year)	04/1/2023	08/2/2023	04/3/2023	02/4/23	05/5/23	01/6/2023	02/7/2023	1/8/23	2/9/23			
	Weight	61	59	60	59	60	60	60	59	60			
IV Year	Date of Menstruation												
	Weight												

NARAYANA COLLEGE OF NURSING



CHINTHAREDDYPALEM, NELLORE - 524 002.

HEALTH RECORD FOR NURSING STUDENTS

Name Aneeta T.M age 18 Sex Female

Marital status Single OBS status _____ Menstrual History Regular

Batch No. B Date of joining 2/2/2021 Date of relieving _____

Address Thazhathedatha (H) Marurad P.O Kottayam

Hostler / Out Scholar Hostler Height 157 Weight 48

Vaccination status : chickenpox vaccination

5/4/21

Covidshield 1st dose - 21/3/2021 21/7/2021
Covidshield 2nd dose - 01/10/2021

Date of Medical Examinations :

	I Year	II Year	III Year	IV Year
Physical Examination				
Urine analysis				
Alb				
Sugar				
Deposit				
Motion for ova cyst				
Blood : TC				
DC				
ESR				
Hb%				
Eye checkup				
Dental Checkup				
Vital Signs	Temp: 98.4°F Pulse: 74 beats/min Resp: 24 breaths/min BP: 120/80 mmHg			

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
I Year	Date of Menstruation				15/4/21	20/5/21	22/6/21	28/7/21	10/8/21	14/9/21	19/10/21	25/11/21	10/12/21
	Weight				45	45	45	45	45	45	45	45	46
II Year	Date of Menstruation	25/1/22	15/2/22	20/3/22	18/4/22	19/5/22	18/6/22	10/7/22	13/8/22	11/9/22	8/10/22	10/11/22	13/12/22
	Weight	45	45	45	46	48	46	45	46	45	45	46	45
III Year	Date of Menstruation	11 th year 15/1/23	12/2/23	20/3/23	20/4/23	21/5/23	25/6/23	20/7/23	26/8/23	5/9/23			
	Weight	46 kg	45 kg	45 kg	47 kg	45 kg	45 kg	43 kg	45 kg	45 kg			
IV Year	Date of Menstruation												
	Weight												

NARAYANA COLLEGE OF NURSING



CHINTHAREDDYPALEM, NELLORE - 524 002.

HEALTH RECORD FOR NURSING STUDENTS

Name Aleena Roy age 17 Sex Female

Marital status Single OBS status Menstrual History Regular

Batch No. B Date of joining 3/2/2021 Date of relieving

Address Kochuparambil (H), Ellumpuzam p.o, Idukki, Kerala

Hostler / Out Scholar Height 166 cm Weight 51

Vaccination status : Chickenpox Vaccination

Covidshield 1st dose :- 20/7/2021 5/4/21

Covidshield 2nd dose :- 21/10/2021

Date of Medical Examinations :

	I Year	II Year	III Year	IV Year
Physical Examination				
Urine analysis				
Alb				
Sugar				
Deposit				
Motion for ova cyst				
Blood : TC				
DC				
ESR				
Hb%				
Eye checkup				
Dental Checkup				
Vital Signs	Temp: - 98.6°F Pulse: - 70 beats/m Resp: - 20 beats/m B-p: - 120/80 mmHg			

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
I Year	Date of Menstruation				20/4/21	23/5/21	25/6/21	28/7/21	2/8/21	8/9/21	15/10/21	6/11/21	2/12/21
	Weight				51	51	51	52	53	53	53	52	52
II Year	Date of Menstruation	12/1/22	15/2/22	18/3/22	20/4/22	22/5/22	19/6/22	16/7/22	19/8/22	24/9/22	19/10/22	21/11/22	16/12/22
	Weight	52	53	53	52	51	51	51	52	52	52	51	53
III Year	Date of Menstruation	22/1/23	14/2/23	18/3/23	9/4/23	9/5/23	13/6/23	12/7/23	10/8/23	5/9/23			
	Weight	53	53	53	54	53	53	53	54	54			
IV Year	Date of Menstruation												
	Weight												

NARAYANA COLLEGE OF NURSING



CHINTHAREDDYPALEM, NELLORE - 524 002.

HEALTH RECORD FOR NURSING STUDENTS

Name Teena Mary Jose age 18 Sex Female

Marital status single OBS status _____ Menstrual History Regular

Batch No. B Date of joining 3/02/2021 Date of relieving _____

Address Alumpamambil (H), Kurisumoodu (P.O), 686104

Changanacherry, Kottayam, Kerala

Hostler / Out Scholar _____ Height _____ Weight _____

Vaccination status: Chickenpox vaccination
5/4/2021

Date of Medical Examinations :

	I Year	II Year	III Year	IV Year
Physical Examination				
Urine analysis				
Alb				
Sugar				
Deposit				
Motion for ova cyst				
Blood : TC				
DC				
ESR				
Hb%				
Eye checkup				
Dental Checkup				
Vital Signs	Temp: 96.6 F Pulse: 94 beats/min Resps: 22 breaths/min BP: 107/50 mmHg			

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
I Year	Date of Menstruation				6/4/2021	9/5/2021	6/6/2021	10/7/2021	2/8/2021	9/9/2021	4/10/2021	9/11/2021	11/12/2021
	Weight				45	47	47	49	49	49	49	50	51
II Year	Date of Menstruation	6/11/2022	10/2/2022	12/3/2022	6/4/2022	13/5/2022	12/6/2022	2/7/22	6/9/22	9/9/22	12/10/22	7/11/22	5/12/22
	Weight	50	50	52	52	52	53	53	54	54	55	55	54
III Year	Date of Menstruation	9/1/23	10/2/23	15/3/23	7/4/23	8/5/23	12/6/23	2/7/23	2/8/23	2/9/23			
	Weight	53	54	54	55	53	53	53	52	54			
IV Year	Date of Menstruation												
	Weight												